



Read All About It

October
2004

Click [here](#) for
September's's Newsletter

Editorial by Tony.

Note, that to see updated pages, you may need to refresh them (Perhaps using Control/F5)- or even flush your cache.

Pat has asked me to pen a short article for the newsletter, and just in case there are some who don't think I can write, here goes! This is a potted history of your club, the revered and reviled West Yorkshire Rough Riders. Some 9 or 10 years ago, in the infancy of mountain biking, I was riding a Peugeot mountain bike (believe it and weep) and thought than an 'off road only' club would perhaps be a popular move. All the other groups in the greater Huddersfield area were offshoots of road clubs, such as Holme Valley Wheelers and Huddersfield Start Wheelers. In those far off days there were many MTB magazines such as Mountain Bike International, Maximum Mountainbike and the ones that have survived.

I put an advertisement in Mountain Bike Rider and lo and behold two people contacted me, they were Peter Revy and Derek Boocock*.

Our first meet was (you guessed it) from my house. Peter had an Orange hard tail and Derek had a top Proflex, this was the first full suspension bike I had ever seen, let alone touched! Anyway, we naturally rode Holme Woods etc etc etc!!! and we thought it was great having somebody to ride with.

We continued with the advert and within six months had about forty members, a good half who rode regularly. The ride programme was as it is now, only our night rides would attract ten or fifteen riders on a regular basis, the

trails lit by two and a half watt dry-cell operated lights (I use the word 'lit' advisedly).

During the first summer of our existence we went to northern France and this somehow cemented the club, and made us a 'proper group'. In those early days lots of riders came and went and over the years we seem to have settled down with a regular group, although recently there seems to have been a resurgence of interest and some of our Saturday rides have been very well attended. **As I look back** on our years of riding, I wonder that has happened to bikes and riders? Probably riders are fitter than they were in the late eighties, but bikes? Forks still go up and down, transmissions wear out very quickly and we still get punctures.

Will we still be riding in the next ten years?

* Pete is now free riding and down hilling and Derek is a roadie

... By Tony

Here are the **Merida Ruthin**

Marathon results- again! - hopefully correct this time! No pics as no-one has sent me any URLs yet.....

Best MTB-ing in the UK?

Sat. 2nd Oct.

I am always impressed with Calderdale mountain biking. The steep and rocky valley-sides give some great trails. We set off from Mytholmroyd where the Sowerby Bridge & District Round Table Challenge will leave from in November. (Not to be confused with the Calderdale Mountain Bike Marathon which leaves from Sowerby Bridge on 10th Oct. - well, I find it confusing!) Sheila led (lots of) us on a fierce climb towards Stoodley Pike then crossing the valley for another fierce climb followed by a blast down Jack Lane.

Overall	FullName (80km)	Finished	Cat	Dist
Posn.				
1	STUART GASCOYNE	12:47:20	VMF	80
2	SIMON HAYES (1st MMF Cat.)	12:49:25	MMF	80
216	PAUL DUNCAN	15:40:49	MMF	80
218	NIGEL BARUGH	15:40:56	MMF	80
18	WILLIAM GAMBLE (1st VMF Cat.)	13:34:42	VMF	80
213	DAVID DUDLEY	15:40:17	VMF	80
219	JOHN DOBINSON	15:41:00	VMF	80
220	PETER EAGAN	15:41:06	VMF	80
433	80km finishers	.	all	80
Posn.	FullName (50km)	Finished	Cat	Dist
Overall				
1	RICHARD FIRTH	11:56:43	OMH	50
159	HELEN COSTELLOE (1st in Cat.)	13:41:43	VFH	50
171	JULIE PHELAN	13:44:19	VFH	50
332	50km finishers	.	all	50

HEY!

YOU COULD HELP!

Any anecdotes we could publish here?

Gossip

Things seen on rides (Funny, sad, awe-inspiring, faux-pas etc.)

Requests for rides (Areas, sort of ride etc)

Photos (Email 'em or just loan
them to me to scan)

Jokes

Useful things you just found out

Links to interesting/stupid sites

Criticism/praise

SIMBA XC race 24th Oct. Dalby Forest. A
splendid day with wall-to-wall sunshine.



It was a little muddy after a night's rain! Paul was chuffed to be 5th in his class in spite of his heavy 2.2 tyres (The mudguard was jettisoned *en route*)



Harry (on a 1.5 rear) won his class (and a cake!) despite a little pressure on the descents from a lad half his size! Turned out that he was in the Scott downhill racing team!

?

Could be as long or as short as
you want.

Doesn't have to be a full sen-
tence!

Folk who can't get to every ride
still like to know what's going on.



What Lights for...

... fun-loving Rough Riders? How bright? How wide? How Long? How much?

Starting at the end - you look at your budget; you compare the products; you strap on your new lights and go for a ride. If you did not buy halide arc lights keep away from anyone who has them - or you will cry! They are so much better! Your lights will be just fine but unless you are exceptionally strong-willed you will think "... perhaps I should have..." if you ever get near someone with arc lights. [Click the Pics for more.](#)



How Bright?

Most folk think 20W is the minimum for fast off-roading.

That's a spot beam which does not see round corners. You could add a second flood beam which would fill in the corners. (and perhaps use it solo on slow sections) or use a single flood of about 40 Watts which lights up a large part of the Planet.

Halogen bulbs use a white hot wire and give a yellow beam. You can "overvolt" them to increase brightness and decrease life. Bulbs can be fairly cheap. Club member Dave Stocks is knowledgeable on this.

Arc lamps (halide, HID, etc) use a mini lightning bolt i.e. white hot gas and need a 6000Volt starter. A much whiter light which fades to blue. You don't want to know bulb cost!

LED lamps are very rare of the "equivalent to 30Watts" variety. New technology is available almost every day in semi-conductor light emitters. They use less energy but tend to be directional. Bulb cost is OK but you need to be handy with a soldering iron. (Forget any below £200)

Note: the measurements in Watts (= energy INPUT) and candela (=brightness as DEFINED) can be massaged so as to make direct comparisons almost meaningless!



And the Borg Cube ...

Note that batteries are damaged by "going flat" and by incorrect charging so you need to switch them off if they go very yellow or blue and you **MUST** use an intelligent charger. NiCads have a bad history. NiHy and Li_Ion are separated by weight and price. Acetylene/Carbide is probably the clear winner in terms of brightness, weight and cost.





Castle Howard Trailquest

Pete and Helen - another weekend ... another competition!

Men 17-39	(525 Pts)			Hours		Score
1	AndyConn	TCA	475	5:08:29	-13	462
Mixed Vet	(525 Pts)					
1	AndreaFoster	/SteveFoster	325	4:59:02		325
2	HelenCostelloe	/PeterEagan	265	5:03:53	-4	261
3	AlanBotham	/JanTierney	265	5:11:52	-25	240

BEFORE 6 BEERS



AFTER 6 BEERS

Polaris 2 Day Lakes

Cat. Posn	Overall Posn	Category	AUTUMN POLARIS 2004 Name/s	Tot. Pts.	TOTAL Time	Controls in Order Visited Day 1	Day1 Time	Day1 Pens.	Day1 Points	Day1 TOTAL	Controls in Order Visited Day 2	Day2 Time	Day2 Pens.	Day2 Points	Day2 TOTAL
1	10	Mixed Vets	Janet Prier / Martin Andrew	580	11:49:05	23 32 33 31 25 17 15 01 03 02 05 07 12 13 06 14	06:59:42	0	340	340	13 12 07 04 02 03 06 01 19 20 21	04:49:23	0	240	240
4	79	Mixed Vets	Nigel Worsey / Dawn Statham	400	11:16:17	15 17 25 34 35 30 29 28 13 11 14	06:44:47	0	250	250	13 25 31 33 22 21 20	04:31:30	0	150	150
5	95	Mixed Vets	Helen Costelloe / Peter Eagan	380	11:31:46	23 32 33 31 25 34 35 29 28 13	06:49:24	0	230	230	08 12 07 04 02 03 06	04:42:22	0	150	150
6	102	Mixed Vets	Ann Donovan / Steve Martin	370	11:35:39	23 32 33 31 25 17 16 28 13 11 14	06:50:01	0	220	220	11 13 12 07 04 02 03 06	04:45:38	0	150	150
1	1	Seniors	Paul Currant / John Houlihan	709	11:57:31	01 15 17 25 34 35 36 29 28 16 12 08 09 10 11 14	07:00:11	1	390	389	11 08 12 07 04 02 03 06 19 24 31 33 21 20	04:57:20	0	320	320

New Mill No Show !

Sat 9th Oct. had everyone occupied "elsewhere" for my ride - as usual! In spite of this there was a 100% improvement in turn-out over the last ride I led when NO-ONE turned up!

Roger saved the day and we had a pleasant ride through the quarries above Windscar Res. and back. As Roger was riding a singlespeed, conversation was very much "in passing" as we rarely rode level. To add to his enjoyment I chose a route with some good fierce climbs!

Click [HERE...](#) for a movie of some of the singletack you missed (0.6MB)



What he said --> what she heard....

"Can I help with dinner?" --> **"Why isn't it already on the table?"**
"It would take too long to explain." --> **"I have no idea how it works."**
"I'm getting more exercise lately." --> **"The batteries in the remote are dead."**
"We're going to be late." --> **"Now I have a legitimate excuse to drive like a maniac."**
"Take a break, dear, you're working too hard." --> **"I can't hear the match over the vacuum cleaner."**
"That's interesting, dear." --> **"Are you still talking?"**
"Darling, we don't need material things to prove our love." --> **"I forgot our anniversary again."**
"That's women's work." --> **"It's difficult, dirty, and thankless."**
"I do help around the house." --> **"I once put a dirty towel in the laundry basket."**
"Hey, I've got my reasons for what I'm doing." --> **"I sure hope I think of some reasons pretty soon."**
"I can't find it." --> **"It didn't fall into my outstretched hands, so I'm completely clueless."**
"What did I do this time?" --> **"What did you catch me doing?"**
"I heard you." --> **"I haven't the foggiest clue what you just said, and I'm hoping desperately that I can fake it well enough so that you don't spend the next days yelling at me."**
"You look terrific." --> **"Oh, God, please don't try on one more outfit. I'm starving."**
"I missed you." --> **"I can't find my socks, the kids are hungry and we are out of toilet paper."**
"Uh huh," "OK, darling," or "Yes, dear." --> **Absolutely no meaning. It's a conditioned response.**

October 2004

Sat 9th October. New Mill. Park at [Pat's House](#). Overflow (?) park in New Mill car park. (We will find you!) Pat Corker 01484 682003

Sunday 10th October: Calderdale Mountain Bike Marathon.

Details [HERE](#). Postal Entry?

TIP ... Pump your tyres up hard - avoid snake-bite !!!

Wed 13 Sair Inn Paul Williamson 01484 847576 [MAP...](#)

Sat 16 Marsden Roger Griffiths 01484 851659

Sun 17 Halifax Event Julie Jagger 01422 240601

Wed 20 Wappy Springs Pub Stuart Mc Cormack 01484 312598

Sat 23 Wakefield Sarah Minchin 01924 379841

Sun 23 No Ride Arranged

Wed 27 Emley Moor Gary Day 01484 609155

Sat 30 Brighouse Sheila Davison 01484 712854

Sun 31 Dunkeswick * Simon Tricket 0113 2886605

*Road Ride

Nov 2004

Wed 3 Nov Slubbers

Sun 21st Nov Pedalsport Challenge is presently a bit of a mystery. I have put an entry form (?) with contact tel. numbers [HERE](#) as links below seem dodgy.