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What's All About It

October
2003

Simon Says:

Hi All! ... Planning to have weekend away at Glentress on 5/6/7 Dec staying at Green Tree Hotel in Peebles, and neighbouring B&B's if numbers require. Approx £25 per person per night with breakfast in mostly Twin and Double rooms

Probably Red route Fri afternoon for those who can make it and Black route on Sat. People can ride Sun if they want

No pre-organised Xmas dinner but people can organise what they want to do when we get there, either eat together or not

Can all those people who definitely want to go email me or ring and let me know as soon as possible as I'll book Hotel next week and B&B if needed. When I've got an idea of numbers I'll need a NON-RETURNABLE £10 deposit. If you change your mind, tough!

I'm assuming everyone's going up for Fri and Sat night, if you're only going for one night then tell me. If you want to sort your own accomodation then you're welcome, but let us know you're going, assuming you want to see us! ... Simon

Calderdale Mountain Bike Marathon Results 2003

Sunday 12 Oct (Club members in bold typeface)

TITLE	FORENAME	SURNAME	EntNo	TIME	Finish Order
Mr	Cameron	Crowther	316	02:07	1
Mr	John	Kelly	304	02:08	2
Mr	Paul	Baldwin	2	02:09	3
Mr	Harry	Corker	70	02:12	7
Mr	Jonathon	Smith	35	02:42	63
Mr	Patrick	Corker	69	02:52	87
Ms	Sheila	Davison	184	02:58	104
Mr	Tony	Vangrove	185	02:58	105
Ms	Sarah	Minchin	141	04:10	233
Mr	Kabe	Hill	209	05:13	259
	Libby	Trickett	78		non starter
Mr	David	Bleasby	328		retired
Mr	John	Ellison	181		retired

Good weather and an enjoyable course. I set off feeling dire with a streaming cold and was expecting to drop out. Strangely, I felt better the further I went. So much so, that when I punctured rattling down to Grains Bridge (before the road section to Peckett Well) I was reasonably cheerful (for me!) even though it took over 5 minutes just to get my pump fitted onto the STUPIDLY short valve stem on my spare (now in the bin along with it's fellows!) inner tube! Yes, I knew the tyre was on the soft side but lazily thought I would get away with it.

Armchair Mountain Biking

To view October's's TV coverage of Mountain Biking themes [RIGHT CLICK HERE](#) and select option "Open in New Window" but, to copy or print the Word.doc file, select option "Save Target As..."

Sample View:

Day	Date	Start	Dur	Channel	Prog	Series
Wednes...	06/08/03	08:00	30	Extreme Sports Channel	422	The Chilli Factor
Wednes...	06/08/03	10:00	60	Adventure One	560	Danger Diaries
Wednes...	06/08/03	14:00	60	Adventure One	560	Danger Diaries
Wednes...	06/08/03	17:00	30	Extreme Sports Channel	422	The Chilli Factor
Wednes...	06/08/03	18:00	60	Adventure One	560	Danger Diaries

Hilly (But Not Chilly) Hayfield

Sunday 5th Oct

After freezing on the preceeding day in a failed attempt to practice the Calderdale marathon, I warned everyone to wrap up well. Of course that ensured that it was a warm day!

We inspected the repair work on the Roych trail which, at present, is very much unfinished after about a year of the track being officially closed. The section uphill from the Clough going South still had us all pushing. We whipped round smartish inspite of an incorrect route to Caldwell Clough (Could have happened to anyone!)

Broken Saddles

Wed Night 15th Oct.

Roadie's was the first to go - flapping loosely which meant that he could not stand up. Stuart could not sit down as his clamp demonstrated one of the drawbacks of ultra-lightweight gear.

They contemplated doing the manly thing and riding saddle-less but sensibly decided to retire for a early start in the pub, instead. (Well, they are not allowed out much!)

I blame it on excessive speed!

The rest of us continued on an uneventful ride with a sting in the tail contributed by Gary (What, you mean up **there?**)

First to Ride on Snow?

Friday 24th Oct.

I did the "New Mill Night Route" and came across a patch of the white stuff (OK it was only about 10x4 cm!) by Broadstone Res. Came back with a clean(ish) bike!

North Wales - No Takers?



...So Harry and I went away midweek on Thurs 30th in spite of a dire weather forecast for rain and more rain.

... We did not need waterproofs once and even saw some blue sky and sun! Always ignore forecasts! On Thurs we did the Marin trail near Betws y Coed. Started it from the free car park in Llanwrst (On main road just North of town centre about 10 mins from the official - rather isolated car park.) rather than Betws. It took us about 1hr 50mins to do the 16 miles at a reasonably speedy pace. There is lots of up and down (Long up at the start!) The fireroad/singletrack ratio improves as you progress. Good fun! Similar to Coed y Brenin's Karrimor but slightly less technical.

We drove from there to the Ponderosa Ranch (Restaurant/bar and cabins - £25 per cabin per night) near Dolgellau and did the Karrimor on Friday. It really is a sizzling good ride - lots of sustained technical singletrack and scary stuff! 26 miles took us about 2hrs 30mins. Great to put your head down and blast without need for a map. We self-catered at the cabin but noted the John Wayne Bar offers sixty-six ounce steaks at £28 as well as bar meals!

On Saturday we rode the circuit of Llyn Irrdyn. Two big climbs and two great downhills. Spectacular views! Took about 1hr 50mins to do the 10 miles. (OK I was tired!)



OCTOBER 2003

Sat 4 Ladybower Tony Vangrove 01484 662551
 Sun 5 [Hayfield Grouse](#) Pat Corker 01484 682003
 Tues 7 Brighthouse with N.Leeds Simon Trickett 0113 2886605
 Wed 8 Wappy Springs Stuart McCormick 01484 312598
 Sat 11 Robert Town Julian Morton 01924 408380
 Sun 12 Scouts Ride- [Sowerby](#)
 Wed 15 New Mill [Crossroads Pub](#) Pat Corker 01484 682003
 Sat 18 Scout Dike Kirstie Atkinson 01924 491894
 Sun 19 Honley Tony Vangrove 01484 662551
 Wed 22 Marsh House Paul 01484 461203
 Sat 25 Penistone Chris Meade 01274 871041
 Sun 26 Ogden Carolyn Binns 01274 864173
 Wed 29 Newmillerdam Steve Airstone 01924 273217

NOVEMBER 2003

Sat/Sun 1/2Weekend Away – Coed y Brenin Pat Corker 01484 682003
 Sat 1 Brighthouse Sheila Davison 01484 712854
 Sun 2 Dales Simon Trickett 0113 2886605
 Wed 5 SLUBBERS

EVENTS

TRAILQUESTS Sat/Sun 11/12th Oct – Polaris
 Sat 18th Oct – Ebor 2hr Whitby
 Glentress – 5/6/7th December Weekend Away
 Calderdale [MTB Challenge](#) Sun 12th Oct

Here's the meets list, full to the brim with exciting rides with your chums. I was amazed at the enthusiasm of people at Slubbers to volunteer for rides. Fantastic!!! Don't forget to let me know asap if you want to go to Glentress. Weekend away in Wales, ring Pat. For scouts ride see website or ring Jon Smith for details, 01484 718900. Jon, Pat, Harry and Libby are doing it... Simon

WEEKENDS AWAY

31 October. Coed-Y-Brenin
28 NovSwaledale Cancelled
5th Dec Christmas Bash at Glen Tress (Peebles)

RIDE ARRANGEMENTS

Wed 7.30pm start; Sat 1.30pm start - Easy Ride; Sun 10.30am start
 New members please come on a Saturday ride first to see how you cope. Please ring ride leader before all rides. For Saturday rides ring the ride leader on Friday night not Sat. morning.
 Meets Co-Ordinator Simon Trickett 01132 886605
simon@strickett.fsnet.co.uk is the man to ring for leaders phone numbers. Please send him an email if you do not want to continue to receive the meets list.

This Amused Me!

[Right click here and select "Open in New Window" to see what you think](#)

(Is the last one PC?)

(Note: You need to be able to read PowerPoint files. Microsoft site has a free reader [here](#) if you can't. **2.75MB download.**)

Denver for £199?

Including return flight and all taxes?

Bad luck! You missed it. It was one of British Airways One Day Offers. You have to book on that day. If you want to be informed when these offers are available you should register for BA's newsletter and check your email every day. You can register using this link:

<https://www.britishairways.com/inet/InetControllerServlet.servlet?eID=103001>

FIVE TIPS FOR A WOMAN

1. It is important that a man helps you around the house and has a job.
2. It is important that a man makes you laugh.
3. It is important to find a man you can count on and who doesn't lie to you.
4. It is important that a man loves and spoils you.
5. It is important that these four men don't know each other.

What Shellsuit for Up North

NEWS

(Discussion from the intelligentia of Singletrack Forum)

"Might be heading north next week for a job interview, so what sort of shellsuit should I be looking for?

Full shine, bad colours, most garish branding or all 3?

I've got my flatcap and pipe and a bag of cotton dust so I reckon I'm pretty well set other than that.

bring ya shandy wi ya ya soft southern poof.

Just make sure its flamable

Tight and shiny.

oh hang on, thats pvc catsuits.

shome mishtake shurely ? Everyone knows there are no jobs up north.

Would a PVC catsuit be more appropriate then?

I have to confess to not really understanding their strange and degenerate ways.

a pvc catsuit would get you a certain type of job oop north.

bring a whippet and a curly wig and talk like you've got a load of gobstoppers in your mouth.you'll get in and out in time for the next episode of the jedi council(the shore strikes back!)

I found a rather nice Green and Purple shell at work the other day when I cleared out my old cupboards, circa early to mid eighties

Yours for the interview if you want, should be fine. Cheers

dont forget to wear a fake burbury cap and tuck your shell suit bottoms into your long white socks and you'll fit right in.

ask your perspective boss if he wants a fight, that should see you through to middle management.

Depends whether you're being ironic, post-modern or old skool.

You know what I mean, like!

Wow, you lot are just the best.

The fight tip is a top one, I would've gone for the handshake and then blown my chances from the off.

I've had major ear hair implants as I heard this is typical among males (and females) of the frozens wastes.

Is there even a modern to be "post-" in the north?

oh i nearly forgot,don't have anymore than tupence h'penny in your pocket and ride to the interview on a fully ridgid hovis bike as suss is for whimps

DO eat blood pudding, tripe and dripping sandwiches.

DON'T spill their pints.

Oh! And don't put the shellsuit jacket on unless it's below -10.

Fahrenheit.

Blood pudding eh? That sounds nice, I take it it gets it's name from it's vivid scarlet colour?

I've got 7 goats teeth to cover most local transactions and an ounce of mildew as a backup 'bribe' as I hear it's a bit of delicacy.

Naturally, I'll keep a cool Pimms and Lemonade in the car mini-fridge just in case it doesn't go to plan and I need a good southern cry afterwards.

nah, black pudding by any other name. Black is the colour and blood the main ingredient (as I'm sure you know really).

Although the mildew WILL put you on good terms with most don't flaunt it.

Friedrich Engels describes Manchester's riverside cafe district, yesterday:

. . . At the bottom flows, or rather stagnates, the Irk, a narrow, coal-black, foul-smelling stream, full of debris and refuse, which it deposits on the shallower right bank. In dry weather, a long string of the most disgusting, blackish-green, slime pools are left standing on this bank, from the depths of which bubbles of miasmatic gas constantly arise 40 or 50 feet above the surface of the stream. But besides this, the stream itself is checked by every few paces by high weirs, behind which slime and refuse accumulate and rot in thick masses. Above the bridge are tanneries, bone-mills, and gasworks, from which all drains and refuse find their way into the Irk, which receives further the contents of all the neighboring sewers and privies. It may be easily imagined, therefore, what sort of residue the stream deposits. Below the bridge you look upon the piles of debris, the refuse, filth, and offal from the courts on the steep left bank; here each house is packed close behind its neighbor and a piece of each is visible, all black, smoky, crumbling, ancient, with broken panes and window-frames.

yeah it's **** here up north. stay down south please, before you move up here with your red braces and slicked back hair and push all our house prices through the roof with your 'buying a house for an investment' policy remember to leave only footprints and take only photos .if you leave anything from home there the house prices will go through the roof and the mills will have to close

Not so sure about the photo idea . . .

....the scene ... southerner struggling in wicker man as the flames flicker upwards whilst an angry mob chants, "he stole our souls! he stole our souls!"

They have FIRE?

And skills to weave?

Oh my, this job interview may not be quite the breeze I had hoped for.

Dunno about fire, but they have guns, I can tell you that much. If you see a golf glove and you ain't on the driving range, duck for cover according to the local newspaper...

BTW, courtesy of "The Idler"'s "Crap Towns" report:

The overriding 'look' for Stockport's locals is a shaven head with optional Fila cap / visor perched on top, a Reebok shell suit the legs of which are tucked into a pair of overpowering patterned socks and a pair of Rockport, Timber-

land or Kicker boots. Gold jewellery is popular, usually incorporating sovereigns and / or Marijuana leaf motifs. The male uniform is fairly similar.

Perfect, thanks Jim.

It's in the (morrison's carrier) bag.

This is all well and good, but where can you get a brain installed? You're certainly going to need one before anyone in the North will think of you as anything other than a southern tosser. My own experience is that most of you shandy drinkers miss this important installation and come up North brainless.

'Appen

You'll not get your job. Scousers wear shell suits. In Newcastle it's Ben Sherman shirts and jeans that are tight around the arse.

I thought I'd cover most of the regional bases with one single all-encompassing northern uniform. Is this wrong?

Yep it only covers Scousers.

"don't forget to wear a fake burbury cap and tuck your shell suit bottoms into your long white socks and you'll fit right in."

Sad but true, tis all the rage round my estate.

Burberry caps for the terraces, Shell-Suits for Scouse scamps.

The only time I've known people tuck their trouser legs into their socks is on the footy training ground, and when not wanting to get one's chain-side trousers dirty - I'm guilty of that much.

Thanks to Burtons, Top-Shop, H&M and Primark, most males around the Newcastle area can now wear what they regard to be 'fashionable' items of clothing at knock-down prices.

And let's not forget TK Maxx: waging war on symbolic capital by flogging dkny, fc etc at knock-down prices.

It's a conspiracy i tells ya!

Hiya Looooov,

jus brin ja self to the intervieweeeeeeeeew.

an RRRRemember to bring ya kappa shell suit for the Liverpoolooooool game,

"...and perhaps an oxygen mask in case there are any hills between where you travel to and where the interview is."

How will he know what a hill is if he's a southerner?

I can see it now...

"Jesus, cor blimey, what's that?"

I've seen them in books.

Vangrove No-Show

Sunday 19th Oct

Tony failed to lead his own ride yet again and everyone else was too tired (or whatever) to turn out. Harry and I did the Hope route from June's MBR which turned out to be a lot better than I expected. Quite tough but only 20 miles. The route finding was a little awkward but now that I know it (heh, heh) we will have to do it as a club ride. It has some evil terrain, especially if you start from Ladybower!

Stairs Lane Defeat

Sunday 26th Oct

Carolyn led us round our familiar route. We all failed on the steep ascent. We blamed the wet and loose conditions. We noted that there are two routes around Pecket Well: one above the village going over High Brown Knoll which starts with a push; the other from behind the bus stop in the centre of the village which is JUST about cycl-able and then goes over Dimmin Dale. They meet just before the descent into Lud-denden Dene where I made an unplanned dismount. We finished with a pleasant pint in front of the fire in the pub.

Mytholmroyd Challenge

Another MTB challenge where you get to ride on bridleways because, of course, you are not racing! 22 miles. Sun 16th Oct 9.15 start (unfortunately!) Details [here](http://www.sowerbybridgembc.com) from www.sowerbybridgembc.com

“Far better it is to dare mighty things, to win glorious triumphs, even though checkered by failure, than to take rank with those poor spirits who neither enjoy much nor suffer much, because they lie in the gray twilight that knows not victory nor defeat.” Theodore Roosevelt (1858–1919)
Helen says:

After competing in the summer Polaris several times it was time for a bit more of a challenge, so Carolyn & Simon, Peter & myself decided to do this years Autumn Polaris. The starting point was Alston, the weather forecast was fairly good – dry during the day but cold at night. I wasn’t looking forward to 7 hours of cycling especially with all the extra kit, my bag didn’t feel too heavy but that could have been because Peter was carrying the tent, stove, gas & pans!

The first day was going quite well, we had 2 more checkpoints (40 points) to get and over an hour to do it when disaster struck – my rear rim split! In the end Peter took off the tyre & brakes and had to ride 6 miles to the overnight camp on the rim! We were only 7 minutes late back. (Which given our recent performances wasn’t too bad.)

We expected Carolyn & Trickett to have loads more points than us but they were only 7 points ahead, they’d had a bad day. Simon had decided to take the Bridleway to get to the first checkpoint rather than the permissive track and had to wade through the river to reach the checkpoint. Carolyn was also complaining that Simon had stopped to go shopping as well.

We all had plenty of food and plenty of sleep on the Saturday night, I luckily managed to borrow a wheel for the Sunday so was able to finish the event. Sunday was a much better day for Carolyn & Simon, they were back on form and got the highest score in our group – unfortunately it wasn’t quite enough and they came 3rd. Peter & I came 4th, but got a spot prize for having cycled 6 miles on a rim – we both got cycling tops and gloves.

The big question now is whether or not any of us will do another one.

Autumn Polaris Results

Cat.	Overall			AUTUMN POLARIS		Tot.	TOTAL
Posn	Posn	Team	Category	2003	Name/s	Pts.	Time
1	1	53	Seniors	John Houlihan		580	11:48:17
1	1	303	Mixed Vets	Steve Foster / Andrea Foster		360	11:46:46
2	60	147	Mixed Vets	Kevan Underhill / Eleanor Underhill		355	11:56:27
3	70	154	Mixed Vets	Simon Trickett / Carolyn Binns		344	11:27:29
4	116	288	Mixed Vets	Helen Costelloe / Peter Eagan		312	12:11:57
5	132	285	Mixed Vets	Paul Frobisher / Judith Elford		302	12:07:17
14	295	5	Mixed Vets	Keith Wilbraham / Debbie Wallace		165	10:23:06

Nettle Grasped ...

Tony Vangrove wrestled with the dreaded e-mail and sent this info:

If you are interested, herewith a survey of meet attendances for October/November:

Sat	Oct 4	Ladybower	6
Sun	5	Hayfield	4
Wed	8	Wappy Springs	5
Sat	11	Robertown	8
Sun	12	Sowerby	5
Wed	15	New Mill	6
Sat	18	Scout Dyke	7
Sun	19	Dunkeswick	5
Wed	22	Marsh House	6
Sat	25	Penistone	8
Sun	26	Ogden	7
Wed	29	Newmillerdam	6
Sat	Nov 1	Brighouse	10
Sun	2	Dales	2

Saturday rides - 39

Sunday rides - 23

Wednesday rides - 23

Average - 6 per ride - not bad?

Quiz

What films are these quotes from?

1. You don't get to tell me what to do ever again.
2. Houston, we have a problem.
3. A hospital? What is it? It's a big building with patients, but that's not important right now.
4. "There's no smoking in this building, Ms. Tramell." "What're you going do? Charge me with smoking?"
5. "Mistletoe can be deadly if .you eat it." "A kiss can be even deadlier if you mean it."
6. Roads? Where we're going we don't need roads.
7. Strange things are afoot at the Circle-K.
8. It's 106 miles to Chicago, we've got a full tank of gas, half a pack of cigarettes, it's dark and we're wearing sunglasses. Hit it!
9. Hey, how come Andrew gets to get up? If he gets up, we'll all get up, it'll be anarchy!
10. Don't worry Wilson, I'll do all the paddling. You just hang on!
11. So, laying eggs all your life and then getting stuffed and roasted, that's good enough for you, is it? It's a living.
12. That's not a knife. This is a knife.
13. Come out to the coast, we'll get together, have a few laughs...
14. I know what you're thinking. Did he fire six shots or only five?
15. Ask any racer, any real racer. It doesn't matter if you win by an inch or a mile; winning's winning.
16. Mama always said life was like a box a chocolates, never know what you're gonna get.
17. Life moves pretty fast. If you don't stop and look around once in a while, you could miss it.
18. And I will have my vengeance, in this life or the next.
19. Hasta la vista baby
20. Show me the money