



Read All About It

November
2003



Note, that to see updated pages, you may need to refresh them (Perhaps using Control/F5)- or even flush your cache.

Simon Says:

Hi Chums

Yet another action packed meets list, how do we do it?

You'll be sorry to hear I'm away with my tarts from now till then so maybe see you when I'm back at end of November.

26 people booked into Glentress. Looks like two groups riding red route on Fri. One starting at around 1.30pm for daylight ride and one starting at 3.30pm for night ride with Count Dracula Roadie Nige and his happy mob.

Join either group at Glentress or do your own thing.

Stuart, we're staying at the Green Tree Hotel.

Thanks, I'll have a nice holiday.

Simon

Right Click
For:

[Race Diary](#)



Glentress Mountainbike Trails

Right Click and select "Open in New Window"

[Forest Trails Map HERE](#)

[All the trails HERE](#)

[Info on "The Hub" HERE](#)

V-Trail - Black Grade

A 19 mile roller coaster ride that has been ranked as one of the best trails in Britain. If you like it tough, steep, technical, long but loads of fun, then this is the trail to do. The fittest can do it in around an hour and a half but normal folk can expect to take three hours plus to complete this gruelling XC route.

It isn't one for beginners and you might want to take a pit stop in one of Helly Hansen's shelters along the way.

You'll climb and climb to the highest point in the forest taking in the rocky 'goat track' and descend down the berms of 'Britney Spears' until you get to the infamous 'Boundary Trail'. This part of the trail includes a mammoth load of rough singletrack littered with jumps, big berms and drop offs.

Once you have lived through the next quarry section, a deep descent into 'deliverance' awaits you. You've then got the 'redemption' climb all

the way back up and this will get your lungs and legs aching.

It now gets even harder with Ewok Village being your next encounter. Built by the volunteer Trailfairies, this is a timber treat for those who love to ride North Shore style trails. If you survive the village then you've got loads more technical, tight, twisty and bumpy singletrack back to the Hub café.

You'll not get a riding experience like it anywhere else. The V Trail is quite unique. Try it! You can also access this trail through The Hub Car Park, Buzzards Nest Car Park.

The Green Route 1 to 2 hours...

The Skills Loop -1km clockwise circular loop-is accesible ...

Blue Route -8 miles, one and half hours...

Red Route-12 miles, two and a quarter hours...

Black Helly Hansen track three to four hours-20 miles...

[MORE - Right click here and select "Open in New Window"](#)

Armchair Mountain Biking

To view this month's TV coverage of Mountain Biking themes [RIGHT CLICK HERE](#) and select option "Open in New Window" but, to copy or print the Word.doc file, select option "Save Target As..."

Sample View:

| Day | Date | Start | Dur | Channel | Prog | Series |
|-----------|----------|-------|-----|------------------------|------|-------------------|
| Wednes... | 06/08/03 | 08:00 | 30 | Extreme Sports Channel | 422 | The Chilli Factor |
| Wednes... | 06/08/03 | 10:00 | 60 | Adventure One | 560 | Danger Diaries |
| Wednes... | 06/08/03 | 14:00 | 60 | Adventure One | 560 | Danger Diaries |
| Wednes... | 06/08/03 | 17:00 | 30 | Extreme Sports Channel | 422 | The Chilli Factor |
| Wednes... | 06/08/03 | 18:00 | 60 | Adventure One | 560 | Danger Diaries |

New Mill Wed 12 Nov

A speedy trip up to the quarries above Windscar Res. Gary's rear light was so bright that I had to let him and the lead group (everyone besides me!) get well ahead so that I was not dazzled (Well, that's my excuse!)

Smith No Show Sun 23rd Nov

Jon's Mirfield ride did not materialise as his rear shock was playing-up. Instead, Roadie dragged me up Cut Gate for a cool but pleasant ride

Hope Sun 30th Nov

In spite of an "iffy" forecast the weather was great! Sunny, clear and calm. We did the route from June's MBR which took in Shatton Edge, Bradwell, Hollins Cross and Jagger's Clough. Some good singletrack and a little portage! Bob and Mick knew the area well so we didn't "get lost!"

Mytholmroyd Round Table Challenge

Sun 16th

I thought that this was a tough one! It has two unride-able sections; top of Dukes Cut, muddy and steep and from the main road up to Blackshaw Head there is a steep section. Perhaps all real mountain bike courses SHOULD have some portage. The easterly singletrack above Todmorden is a great blast.

| Posn. | Name | Surname | Time | |
|-------|---------|----------|------|-------------|
| 1 | Mark | Firth | 1:53 | |
| 2 | Tony | McKenzie | 1:55 | |
| 9 | Richard | Hollows | 1:57 | |
| 10 | Harry | Corker | 1:59 | |
| 10 | Cameron | Crowther | 1:59 | (1:39+0:20) |
| 10 | Mark | Ferguson | 1:59 | (1:39+0:20) |
| 10 | Stuart | Wood | 1:59 | (1:39+0:20) |
| 14 | Chris | Selby | 2:00 | |
| 56 | Patrick | Corker | 2:22 | (2:27-0:05) |
| 56 | Nick | Scanton | 2:22 | |
| 56 | Ashton | Payne | 2:22 | |
| 56 | Darren | Moon | 2:22 | |
| 56 | Chris | Hardman | 2:22 | |
| 61 | Darren | French | 2:23 | |
| 224 | Jacob | Clayton | 5:00 | |
| 234 | | TOTAL | | |

Official Report:

Mytholmroyd/Sowerby Bridge Round Table Challenge Sunday 16 November 2003

Notes: Times are in hours and minutes

The first 3 riders to return short circuited the route due to sabotaged sign posts. Estimated true finishing time plus 20 minutes. Virginia Roberts cut her head badly but was discharged from hospital and was later able to drive home. On Monday she was resting with a headache and bruises and is looking forward to the next event! Paul Boulton suffered a broken collarbone but is fine. Thanks to everyone who took part and helped raise money for Jonny Haigh, Overgate Hospice and other local causes.

Pat's Note: I adjusted those 3 rider's times and my own (I started in the 2nd group ; 5 minutes wait!)

Tony and Sheila don't appear on the results as they were cheapskates and did not pay!

[Full Official Results: Right Click HERE](#)

Quiz

What films are these quotes from?

1. You don't get to tell me what to do ever again.
2. Houston, we have a problem.
3. A hospital? What is it? It's a big building with patients, but that's not important right now.
4. "There's no smoking in this building, Ms. Tramell." "What're you going do? Charge me with smoking?"
5. "Mistletoe can be deadly if .you eat it." "A kiss can be even deadlier if you mean it."
6. Roads? Where we're going we don't need roads.
7. Strange things are afoot at the Circle-K.
8. It's 106 miles to Chicago, we've got a full tank of gas, half a pack of cigarettes, it's dark and we're wearing sunglasses. Hit it!
9. Hey, how come Andrew gets to get up? If he gets up, we'll all get up, it'll be anarchy!
10. Don't worry Wilson, I'll do all the paddling. You just hang on!
11. So, laying eggs all your life and then getting stuffed and roasted, that's good enough for you, is it? It's a living.
12. That's not a knife. This is a knife.
13. Come out to the coast, we'll get together, have a few laughs...
14. I know what you're thinking. Did he fire six shots or only five?
15. Ask any racer, any real racer. It doesn't matter if you win by an inch or a mile; winning's winning.
16. Mama always said life was like a box a chocolates, never know what you're gonna get.
17. Life moves pretty fast. If you don't stop and look around once in a while, you could miss it.
18. And I will have my vengeance, in this life or the next.
19. Hasta la vista baby
20. Show me the money

WEEKENDS AWAY

31 October. Coed-Y-Brenin

28 Nov Swaledale Cancelled

5th Dec Christmas Bash at Glen Tress (Peebles)

26th Dec No W/end away

30th Jan '04 Swaledale

END

Mike Burton (?) sent this:

I am part of the Bradford Lord Mayors Appeal committee, and we are organising a sponsored cycle ride from Ullswater in the Lake District to Bradford in April to raise funds.

The Appeal charities this year are Bradford Outward Bound Association and Nell Bank - both of which teach young people about the outdoors.

If you would like to know more please can you e-mail me or ring me on 07899 824087. Also if you know of anymore cycle clubs in Bradford - please could you let me have their details.

Thank you for your time.

Mike Burtoft

Lord Mayors Appeal Committee

Intended rides for Nov

NOVEMBER 2003

Sun 9 Bingley Tony Vangrove 01484 662551

Wed 12 New Mill Pat Corker 01484 682003

[START... Crossroads Pub](#)

Sat 15 Hebden Bridge Sheila Davison 01484 712854

Sun 16 Scouts Ride- Mytholmroyd

www.sowerbybridgembc.com

Wed 19 Leeds Roadie Nige 07721 759285

Sat 22 Heath Common Steve Airstone 01924 273217

Sun 23 Mirfield Jon Smith 01484 718900

Wed 26 Anywhere with Paul Stuart McCormick
01484 312598

Sat 29 Meltham Sheila Davison 01484 712854

Sun 30 Hope (we don't get lost) Pat Corker 01484
682003 [MAP HERE](#)

DECEMBER 2003

Wed 3 SLUBBERS

Sat/Sun 6/7 GLENTRESS

Darwin Award:

WALKING ON WATER

Confirmed by Darwin

24 NOVEMBER 1999, CALIFORNIA

One sect of Christians attempted to follow in Jesus' footsteps more literally than most. They worked to master the secret of walking on water. Diligently, day after day, the group tried to be closer to God by making a sincere effort to walk on water.

These Christians continued their unorthodox practices until the leader of the small group unexpectedly died while practicing in his bathtub.

His wife said James spent many hours trying to perfect the technique of walking on water, but had not yet mastered the ability.

He apparently drowned after slipping on a bar of soap, proving that walking on water does bring one closer to God.

References: EAP, cyberramp.net

ANOTHER ACT OP GOD: God Saves? page 91

Darwin Awards are given (posthumously) to people who kill themselves stupidly thus improving the Human Race's evolutionary chances by removing themselves from the gene pool.