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Note, that to see updated pages, you may need to refresh them (Perhaps using Control/F5)- or even flush your cache.

**July 2005** 

June's Newsletter is HERE

Some Digital Photo tips are in HERE



### Saturday rides:

There have been quite a few rumblings recently about the afternoon start time as it takes a big chunk out of the middle of the day. It appears that many people would like to move to morning i.e 10 o'clock or 10.30 'ish. I can't see a problem with it let me know what you think.

#### **Christmas 2005:**

Well it will be here soon!

Again a few keen suggestions that we do Dalbeattie again. Due to the accommodation (pool sauna etc and three nights bed for about £30) and some good riding thrown in of course can't be bad.

I am from a personal point of view proposing the first weekend in December which will be Fri-Sun 2nd-4th because I'm being very selfish I can't go the weekend after. Someone has to make the decision and I'm therefore trying to pull rank as ride co-ordinator (I keep being told I am anyway). It will also leave the following two weekends up to Christmas for works do's etc.

Bob & I are happy to do the organising so you all have 4 months notice to make a decision so don't leave it until the middle of November.

**Finally** that old hat again......any ride offers for August???????
Cheers, Julie



The bike was nicknamed a "safety" ... which is more than can be said for the hat!

Harry managed 12th out of 19 in the

Oli Beckinsale and Jenny Copnall

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RACE DIARY Margam Park (Near Port Talbot - South Wales) The Big Welsh Weekend and the Premier Series XC-Races Round 4 July 16/17th



won the Elites. Results HERE and Report HERE

Juniors XC race.

Watching the elites lining up for their start and.... Hey! ... I recognise that shirt ... That's Graham!

He had come to enter the marathon events on Saturday and Sunday. His Saturday event had been rescheduled from the morning to the afternoon - at the last minute - so he was killing time. Results HERE

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<u>N</u> E X

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# YOU COULD HELP!

Any anecdotes we could publish here?

Gossip

Things seen on rides (Funny, sad, awe-inspiring, faux-pas etc.)

Requests for rides (Areas, sort of ride etc)

Photos (Email 'em or just loan them to me to scan) **Jokes** 

Useful things you just found out

Links to interesting/stupid sites Criticism/praise

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Could be as long or as short as you want.

Doesn't have to be a full sentence!

Folk who can't get to every ride still like to know what's going on.



"Didn't you get my e-mail?"

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### A Poor Turnout but a Good Ride from New Mill Sat 16th July

After receiving only two calls on Friday night Mike called on Brian for back up. I think the

prospect of spending the afternoon with just me & Sarah drove him to need moral support. We girls arrived at his house only to be greeted by a very perplexed Mike asking "what have I done to upset everyone?" We re assured him that it is due to the time of year with holidays and people just doing

Not to be deterred the four of us set off in the blistering heat on what became not just a good ride but a one-to-one technical skills & technique coaching session courtesy of both Mike & Brian supplying welcome encouragement to us girlies. A bit of a gear problem troubled Brian but at least

'other biking things' and nothing personal.

it slowed him down every now and again to give us chance to catch up. It was a good ride so I asked Mike for a description of the route. It means nothing to me as I'm too busy concentrating on a few yards in front of my wheel than looking at the scenery or to take any notice of where I am at any

given moment. It may however ring bells with the Huddersfield contingent if they want to give it a try. We covered about 23 miles altogether. It

probably took as long to type out as it took to do the ride itself but if nothing else it fills a page on Pat's newsletter ... By Julie FULL ROUTE DETAILS HERE

(Good to see the old guys passing on their skills -- Ed)

## National XC Championships at **Bringewood** (Near Ludlow) 24th July





except for the trees! Harry gritted (literally!) his teeth

Muddy Pics, Report and



### MIKE'S CIRCUIT of HOLMFIRTH route

Single track descent from Hill Top to New

Mill.

New Mill to Wildspur Mills via single track

through wood.
Single track up valley side above Jackson
Bridge to Henworth (crossing the

Bridge to Hepworth (crossing the road at Scholes).

Road from Hepworth via Paris (Scholes) to Larch House.
Single track up valley and cross road to Bri-

Single track up valley and cross road to Bridlepath.

Continue up valley following Holmfirth M.B. Challenge route past windmill to Hade Edge. Continue on route up Snittlegate Bridlepath to

road at top.

Bear left up road to Harden and rt down BP

turning to spectacular single track above Harden Reservoir.

Cross road and drop down track through Don

Forest, via Hades, to Holmstyes Reservoir using tricky single track descent down Rey-

nard Clough.
Follow more technical single track round res-

ervoir to tough climb back up via Fox Clough.
Follow farm track back to Cartworth Moor
Road and left up track to cross road and
along Ramsden Road track down to Yate-

Follow M.B. Challenge route round Yateholme emerging at bottom of Holme Moss. Back along road through Holme Village and left down road to first car park at Digley. Follow footpath (nobody seems to mind) and very tricky descent to cross Bilberry dam wall. Ascend to B.P. at Nether Lane climbing up to Springs Road.

Due to lack of time we cut out the next bit:

(Straight across Isle of Skye Road down Magdalen B.P. towards Meltham and returning to Isle of Skye Road up Harden Hill B.P.)

Down road towards Holmfirth turning left and immediate right at Ford Inn.

Down towards Upperthong turning left and

immediate right down Back Lane B.P. descending swiftly towards Holmfirth.
Through wall and along tricky single track down field through copse to emerge on road

Road turning left towards New Mill.

After about half a mile turn left down B.P. to
Miry Lane. Rt up hill (let's ignore Brian's brilliant shortcut) and L through snicket at top.

Cross to Bridge Lane and climb to Station

above Huddersfield Road.

climb Rt up tricky ascent cut into bank. Single track, down short flight of steps, and continue on road to bottom of Thurstonland Bank.

Bear left down bank through trees and then

Crossing main road, climb Bank and after about half a mile turn right on metalled track. This is Occupation Lane which turns to single track and returns you to Hill Top. Full route will be about 26 miles; abridged route was nearly 23 miles ... By Julie

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holme.

350

340

250

4:59:25

5:01:05

5:10:20

-2

-20

350

338

230

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## **Brough Trailquest July 3rd**

690 EAGAN PETER

Vet Men 40-49 (15) 300:00 min 36 C 730 Pts

1st 520 RAWDEN JOHN .

Vet Women 40-49 (1) 300:00 min 36 C 730 Pts

I have liked these Lake District trailquests in the past. The riding is pretty good and they seem small and friendly occasions. Helen obviously dallied for too long looking at the scenery!

## Selkirk Merida July 31st Full Results HERE ... Pictures HERE ... Report HERE

A great day out!

The course had some excellent riding and the weather was bright but not too hot. I felt a bit cheated that the course was only 85K not 100K but I guess it was good to finish not feeling totally wasted!



Damp T-shirt girlie photo for the lads



OK! So I was a wimp and rode **around** the big wet **puddle** with the photographer standing beside it!

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### Selkirk Results

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Posn. Overall

2

3 BARRIE CLARKE 236 **NIGEL BARUGH** 

333 **CAROLYN BINNS** 347 PIERS NEWLAND

PAT CORKER

Name:

PAUL MADDOX

JULIE CARTNER

NIGEL BARUGH

JULIE DINSDALE

SARAH MINCHIN

PETE TURNBULL

PIERS NEWLAND

ALISON COOPER

**HELEN COSTELLOE** 

**CAROLYN BINNS** 

PAT CORKER

Last Person

Last Person

**NICK CRAIG** 

Last Person

Last Person

Last Person

470 SARAH MINCHIN 488 Last Person

Cat.

**GMF** 

**GMF** 

**GMF** 

**MFF** 

MFF

**MFF** 

**MMF** 

MMF

MMF

**VFF** 

**VFF** 

**VMF** 

**VMF** 

**VMF** 

**VFH** 

**VFH** 

**VFH** 

410

Posn.

In Cat

11

16

16

24

108

224

1

3

**55** 

81

1

4

9

1

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Name: Cat Time

Dist. (km) **NICK CRAIG** 3:41:47 **MMF** 85 CHRISTOPHER MURLEY 3:58:46 OMF 85 85 4:01:17 MMF

> 5:58:43 MMF 85 6:34:08 MFF 85 6:39:11 **VMF** 85

7:10:44 **GMF** 85 7:54:14 **VFF** 85 8:32:20 85

**Time** 

05:36:25

**VMF** 

dist (km) 85

85 07:10:44 08:04:03 85 04:43:04 85

06:34:08 85 85 08:14:38

85 03:41:47 05:58:43 85 08:22:58 85

05:51:15 85 07:54:14 85 04:11:44 85

06:39:11 85 08:32:20 85 04:51:22 50

50 05:39:42 08:12:25 50

Carolyn attacks the pond



Helen in a blur of speed



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**RACE DIARY**  ... Weren't you expecting it to be cold, Sara?

Nice shirt, Dave!

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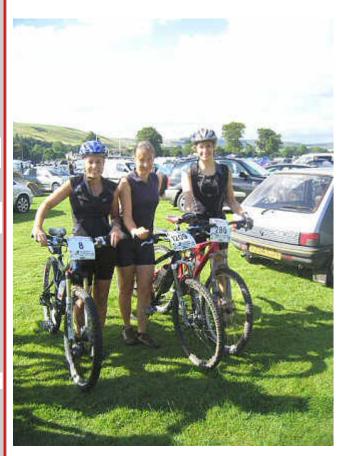
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### **Even more Merida!**



"The Ladies in Black" - Ask Carolyn not me! (I'm guessing it's one of those Little-Black-Dress things)



OK! It's a bit laconic but it's definitely a smile!



Sarah explodes from the woods



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**Exciting Events!** 

WEST YORKSHIRES

ONLY TRAILQUEST

Kirklees Trailguest - 5

option for beginners,

takes place on Sunday

Selkirk, Scotland 31st July (Near Glen Tress) Several WYRRs are

ious categories. Request an info

and hints booklet. MORE ...

doing this.

31st. July MORE...

hour event with a 2.5 hour

Mountain Bike

#### **JULY 2005**

Sat 9thBretton DefferDennis Liversedge01924 494843

Sun 10<sup>th</sup>No planned ride

Wed 13th Thunderbridge Will Barraclough 01484 316707

Sat 16th New MillMike Bly01484 682701

Sun 17<sup>th</sup>No planned ride

**NEWS LETTERS** 

Wed 20th Brighouse Sheila Davison 01484 712854

**PHOTO** Sat 23<sup>rd</sup>Hebden BridgeJulian Morton01924 408380 **GALLERY** 

Sun 24<sup>th</sup>No planned ride

Wed 27th Honley Woods Tony Vangrove 01484 662551

Sat 30thPenistoneKirstie Trasler01226 384605

Free camping Sat and Sun nights. Sun 31stNo planned ride. Merida Selkirk and Kirklees Beginners trailque 31, 47, 62 mile options £25. Var-

Wed 3rd Aug Slubbers Social NEW-COMERS

RIDE ARRANGEMENTS Wed: 7.30 pm start. - Sat: (Easy Ride) 12.30 pm start. - Sun: 10.30 am start

Thinking of riding with us? Please read "NEWCOMERS" first.

Always ring the ride leader before attending. (Or risk riding alone ...)

For Saturday rides ring on Friday night not on Saturday morning.

Meets Coordinator: Queries or changes call Julie Jagger 01422 240601 Please email Julie.K.Jagger @ btinternet.com (no spaces) if you no longer wish to receive the meets list.